

# Breakfast Menu

## POB JFK High School

**April  
2025**

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1 Warm Cinnamon Bites 🌱 🍌  
Fresh Orange  
100% Apple Juice

2 Homemade Muffins 🌱 🍌  
Fresh Pear  
100% Juice Fruit Punch

3 Sausage, Egg and Cheese Sandwich  
Egg and Cheese Sandwich 🌱  
Fresh Orange  
100% Apple Juice

4 Mini Cinnamon Pull Apart Roll 🌱  
Fresh Pear  
100% Juice Fruit Punch

7 Sausage, Egg and Cheese Sandwich  
Egg and Cheese Sandwich 🌱  
Maple Mini Waffles 🌱  
Fresh NY Local Apple  
100% Orange  
Tangerine

8 Warm Cinnamon Bites 🌱 🍌  
Fresh Orange  
100% Apple Juice

9 Homemade Muffins 🌱 🍌  
Fresh Pear  
100% Orange  
Tangerine

**IT'S STUDENT APPRECIATION DAY**

10 Sausage, Egg and Cheese Sandwich  
Egg and Cheese Sandwich 🌱  
Fresh NY Local Apple  
100% Juice Fruit Punch

11 Mini Cinnamon Pull Apart Roll 🌱  
Fresh Pear  
100% Apple Juice

14 **SPRING BREAK!**  
**SCHOOL CLOSED**

15 **SPRING BREAK!**  
**SCHOOL CLOSED**

16 **SPRING BREAK!**  
**SCHOOL CLOSED**

17 **SPRING BREAK!**  
**SCHOOL CLOSED**

18 **SPRING BREAK!**  
**SCHOOL CLOSED**

21 **SPRING BREAK!**  
**SCHOOL CLOSED**

22 Warm Cinnamon Bites 🌱 🍌  
Fresh Orange  
100% Orange  
Tangerine

23 Homemade Muffins 🌱 🍌  
Fresh NY Local Apple  
100% Orange  
Tangerine

24 Sausage, Egg and Cheese Sandwich  
Egg and Cheese Sandwich 🌱  
Fresh NY Local Apple  
100% Orange  
Tangerine

25 Mini Cinnamon Pull Apart Roll 🌱  
Fresh Orange  
100% Apple Juice

28 **APPRECIATION**  
*our way of thanking you*



29 Warm Cinnamon Bites 🌱 🍌  
Fresh Orange  
100% Apple Juice

30 Homemade Muffins 🌱 🍌  
Fresh Pear  
100% Orange  
Tangerine

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

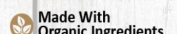
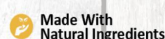


Breakfast Paid \$3.00

Reduced \$0

Milk \$0.60

If you have any questions/concerns feel free to email Megan McDonnell at [nortonm@whitsons.com](mailto:nortonm@whitsons.com)



**Available Daily:** WG Bagel w/Cream Cheese or Butter, Assort. Cereal w/ Cheese Stick.

**Available fruit:** Apples, Oranges, Pears, Bananas.  
100% Juice (Apple, Orange, Fruit punch)

**Available Milk:** 1% White, Fat Free White, Fat Free Chocolate.